

Focus on Africa Global Seminar: Kenya



August 10 – 25, 2023

Presented by The Co-operative University of Kenya (CUK) in association with The AFRICAN CONNECTIONS Research and Education Fund, Inc. (ACREF)

Program Coordinated by:

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President, The AFRICAN CONNECTIONS Research and Education Fund, Inc.

Program Design:

Roseanne Kinyua - [EDU Africa](#)

PROGRAM OVERVIEW

Kenya is a country in East Africa; it is bisected by the Equator and is home to savannah, lake-lands, the dramatic Rift Valley, mountain highlands and a coastline on the Indian Ocean. It is famed for its scenic landscapes and vast wildlife preserves, but its human history is just as remarkable as its natural heritage. Kenya has been an independent nation-state for just over half a century, but its diverse human history dates back many years, from the earliest hominids who lived millions of years ago, to the Nilotic and Bantu migrations and the settlement of Arab traders on the coast in the first century AD. One of the country's two official languages, Kiswahili, has both Bantu and Arabic origins that demonstrate this history, while the second, English, is evocative of its colonial past. The country is home to one of the fastest-growing economies in Africa and relies heavily on tourism. It is Africa's original safari destination and shares the world-famous great Wildebeest migration with its neighbor, Tanzania. Kenya is a well known athletics powerhouse. It is home of the legendary distance runner and two time Olympic champion Kipchoge Keino, as well as standout sprinter Ferdinand Omanyala.

This program will provide students with an immersive overview of East Africa’s healthiest economy while examining issues of local and global concern. The program will take an interdisciplinary approach, introducing students to subjects such as public health, energy, transportation, media technology, and education. Participants will engage with local professionals and knowledge contributors to learn about the commercial, political and social networks shaping life in Kenya. They will also gain insight into how global issues impact Kenya and the East African region, and the role that major public institutions play in handling this impact. Interactions with local students and communities are integrated throughout the program to promote relationship building, transnational networking through cultural exchange, and active two-way learning. Guided by EDU Africa’s five transformation goals, this program is designed to encourage students toward holistic growth.

TRANSFORMATIVE LEARNING JOURNEYS

The organizers aim to promote the process of student transformation by utilizing the unique context of Africa to help participants broaden their intellectual horizons and grow personally, cross-culturally, professionally, and as global citizens.

- Intercultural Competence (IC)
- Global Citizenship (GC)
- Personal Growth (PG)
- Professional Development (PD)
- Intellectual Growth (IG)

LEARNING OUTCOMES

By the end of this program, students should be able to:

1. Demonstrate increased knowledge of other cultures and socio-political perspectives **(IC/GC)**
2. Demonstrate an ability to recognize and engage effectively with others across differences **(IC/PG)**
3. Demonstrate increased personal self-awareness **(PG)**
4. Learn and practice techniques for effective intercultural group work **(IC/PD)**
5. Demonstrate increased knowledge about Kenya’s critical institutions in the areas of public health, media, technology and education, transportation, tourism, and energy **(IG)**
6. Expand their understanding of the commercial, political and social networks shaping life in East Africa’s healthiest economy **(IG)**
7. Relate the impacts of foreign policy decisions taken in the United States, China, and other industrialized nations on Kenya and the East Africa region **(GC)**



DAILY PROGRAM

Prior to departure

EDU Africa will facilitate virtual preparation sessions for program participants, providing them with important health, safety and cultural information before travel.

Students are to complete Transformation Questionnaire #1



The Carnivore, Nairobi

2023	Travel	Accommodation	Meals Included	Activities	Learning Outcomes Achieved
Wed 9 Aug	JKIA - NBR	Co-operative Retreat and Conference Centre	BLD	Faculty arrival in Nairobi Transfer to accommodations and check-in	
Thu 10 Aug	JKIA - NBR	Co-operative Retreat and Conference Centre	BLD	Program briefing and preparations with faculty Student arrival in Nairobi Transfer to accommodations and check in	
Fri 11 Aug		Co-operative Retreat and Conference Centre	BLD	EDU Africa orientation Swahili language lesson and Intercultural competence workshop Meet and greet with CUK students Walking orientation of Karen area Welcome dinner at <u>The Carnivore</u>	1, 2
Sat 12 Aug		Co-operative Retreat and Conference Centre	BLD	Free morning for rest Review of syllabus, introductory lecture Home visit, cooking exchange, early dinner, and interactions with local families	5, 6 2, 4
Sun 13 Aug		Co-operative Retreat and Conference Centre	BLD	Nairobi National Park <u>The David Sheeldrick Wildlife Trust – Elephant Orphanage</u> <u>The Giraffe Centre</u> Bomas of Kenya Formal reflection session	1, 2, 3
Mon 14 Aug		Co-operative Retreat and Conference Centre	BLD	Guest lecture: Public Health <u>World Health Organization, Nairobi Office</u> <u>Aga Khan University Hospital</u>	5, 6, 7

Tue 15 Aug		Co-operative Retreat and Conference Centre	BLD	Guest lecture: Media, Technology and Education <u>AllAfrica.com Headquarters</u> Optional visit to <u>All Saints' Cathedral</u>	5, 6, 7 5, 6, 7
Wed 16 Aug	NRB - NYR - NRB	Co-operative Retreat and Conference Centre	BLD	Travel to Dedan Kimathi University <u>Kenya Music Festival</u> Travel to Nairobi	1, 5, 6
Thu 17 Aug	NRB - MBS	Kenya Bay Beach Hotel	BLD	Guest lecture: Transportation and Tourism Public forum preparations Afternoon train to Mombasa	5, 6, 7 2, 4, 5, 6
Fri 18 Aug		Kenya Bay Beach Hotel	BLD	Kenya Ports Authority Headquarters Bamburi Cement Ltd. Free afternoon Optional visit to Sheikh Nurein Mosque and Islamic Cultural Centre Formal reflection session	5, 6, 7 5, 6, 7 3, 5, 6, 7
Sat 19 Aug		Kenya Bay Beach Hotel	BLD	<u>Mombasa Marine National Park</u> <u>Haller Park</u> Free afternoon	1 1
Sun 20 Aug		Co-operative Retreat and Conference Centre	BLD	<u>Fort Jesus Museum</u> Mombasa Old Town Afternoon train to Nairobi	1 1
Mon 21 Aug		Co-operative Retreat and Conference Centre	BLD	Guest lecture: Energy <u>M-KOPA Solar</u> Public forum preparations	5, 6, 7 1, 5, 6 2, 4
Tue 22 Aug	NRB - NVS - NRB	Co-operative Retreat and Conference Centre	BLD	Transfer to Naivasha <u>Geothermal Development Company</u> Lunch at La Belle Inn, Naivasha Boatride on Lake Naivasha Transfer to Nairobi	5, 6, 7
Wed 23 Aug		Co-operative Retreat and Conference Centre	BLD	<u>The Green Belt Movement</u> Public Forum preparations Formal reflection session	5, 6, 7 1, 4, 5, 6, 7 3, 5, 6, 7
Thu 24 Aug		Co-operative Retreat and Conference Centre	BLD	Focus on Africa Public Forum Farewell Dinner (venue TBC)	1, 4, 5, 6, 7
Fri 25 Aug	NRB - JKIA	Co-operative Retreat and Conference Centre	BLD	Course overview and feedback Final reflection sessions Complete Transformation Questionnaire #2 Transfer to JKIA for international departure	1, 2, 3, 4, 5, 6, 7
Sat 26 Aug	NRB - JKIA		BL	Program review and consolidated reflection for faculty and EDU Africa team Transfer to JKIA for international departure	

Abbreviations: JKIA: Jomo Kenyatta International Airport (Nairobi), NRB: Nairobi, CUK: Co-operative University of Kenya, NYR: Nyeri, MBS: Mombasa, NVS: Naivasha, TBC: To Be Confirmed, B: Breakfast, L: Lunch, D: Dinner

SUSTAINABLE DEVELOPMENT GOALS

This program engages participants with the principles of the following United Nations Sustainable Development Goals:

- 03 – Good Health and Well Being
- 04 – Quality Education
- 07 – Affordable and Clean Energy
- 09 – Industry, Innovation and Infrastructure
- 11 – Sustainable Cities and Communities



Mombasa Harbor

LOCAL PROGRAM FACILITATOR AND/OR GUIDE

All EDU Africa programs are implemented by trusted program facilitators and/or guides. Our program facilitators and guides undergo an intensive 12-module training series. The training modules include details on EDU Africa’s transformation goals, reflective practices, emergency procedures, child protection policies, and communication skills, among other elements. EDU Africa sources and carefully selects facilitators and guides from the region to ensure that they can effectively meet specific program themes and needs. Their embodiment of EDU Africa’s values of friendliness, collaboration, innovation, stewardship, and learning helps them to holistically support both leaders and participants throughout their program. This guarantees that the planned itinerary and activities come to life. The assigned program facilitator/s and/or guides will be available at all times to assist with any student and educator needs, thus ensuring the smooth running of the program.

ACCOMMODATION

Co-operative Retreat and Conference Centre

Co-operative Retreat and Conference Centre (CRCC) is a modern conferencing facility located in the Karen Hardy suburb of Nairobi. The Centre is located within the Co-operative University of Kenya grounds, having been established in 2004 as a revenue generating initiative for the university. The Retreat and Conference Centre has 65 single and double/twin rooms in four blocks, with an open courtyard in the middle where guests can sit and enjoy the sun. Each room has an ensuite bathroom as well as a flat-screen TV with satellite TV stations, a hot shower and bathtub, mosquito netting, an iron and a working station. Complimentary Wi-Fi is accessible in the rooms as well as in the conference halls. Delicious three-course meals are served at the Centre’s restaurant in buffet style thereby allowing for self service. Laundry services are available at the Centre at an extra cost.

Kenya Bay Beach Hotel

Kenya Bay Beach Hotel is located just eight miles from the coastal town of Mombasa. The hotel is beautifully set among Frangipani and Bougainvillea with some of the most breathtaking views of the Indian Ocean. The hotel has one of the largest beach frontages on the world-famous sandy Bamburi beach. An ocean-front pool under the shade of the palm trees that dot the well-manicured gardens can be enjoyed at any time of the day. All rooms are air-conditioned, have private balconies attached, and have bathrooms with large showers. Well-staffed, family-friendly, and comfortable restaurants overlooking the ocean serve many delicacies. From the hotel, a variety of places and activities of interest for engagement around Mombasa, including the nearby Bamburi Haller Park, can be accessed with ease.



Jomo Kenyatta Public Beach, Mombasa

CURRICULAR ACTIVITIES

EDU Africa Orientation

EDU Africa offers a comprehensive orientation session at the start of the program to kickstart students' acclimation period and prepare them for transformation. It is led by the local Program Facilitator who will support the group for the duration of their stay. The orientation is designed to give students a brief introduction to their surroundings, contextualize the country setting, and provide information that is pertinent to the group's safety and overall experience throughout the program. It furthermore foregrounds the learning experience(s) to follow by outlining EDU Africa's transformative learning framework. The Program Facilitator will typically provide students with an outline of the program at this stage and clarify the roles, responsibilities, and expectations with the student group while in-country.

Interactive Lectures

Students will attend interactive lectures and talks every weekday for the duration of the program, some of which will be given by local guest academics and professionals. These lectures will be most content-based and will lay some imperative foundations for the more experiential aspects of the program. Each module will focus on a central topic, namely media, technology, and education; public health; transportation and tourism and energy.



Kenyatta International Convention Center Courtyard, Nairobi

M-KOPA Solar

M-KOPA is an asset financing platform that offers access to life-enhancing products and services to underbanked customers in Kenya. In 2012, the company pioneered the pay-as-you-go solar market where customers get instant access to products while building ownership over time through flexible micro-payments. The company has since diversified the number of products and services they offer, though the solar market is still its core product. This has resulted in over 1 million customers getting access to solar lighting, energy-efficient televisions, fridges, and charcoal cookers, and a healthier, wealthier and more productive populace. Students will visit M-KOPA Solar and learn more about their work in making solar products more accessible and affordable, especially in the rural parts of Kenya.

Focus on Africa Public Forum

In collaboration with the Kenya Diaspora Alliance (KDA), The Co-operative University of Kenya (CUK) and a Nairobi based news agency (tba), ACREF will co-host a one-day public forum on the CUK campus - during the second week of the study tour. The audience for the live event will include CUK students, staff and faculty; representatives of non-governmental organizations, public servants, members of the media and invited guests. The theme of meeting is: ***“Where Do We Go From Here?: Africans and Americans in Tryin’ Times”***.

The meeting will focus on the major topics explored throughout the summer program and will seek to define areas of common interest between Kenya and the United States. Incorporating panel discussions, question and answer periods, and possibly breakout sessions, the forum will be conducted in an atmosphere that stresses academic integrity, personal respectfulness, and community building across the boundaries of class, ethnicity, gender, and nationality. A panel of distinguished guests, selected by the forum co-hosts will participate in the discussion. It is anticipated that speakers will include representatives from the legal, political, financial, medical, technology, and business communities. Focus on Africa program participants will research assigned topics, prepare questions, participate in breakout sessions and act as hosts and facilitators. The forum will be recorded – with highlights edited for distribution via a variety of outlets (Public Television, YouTube, Twitter, web pages, etc.). These presentations will provide positive reflections of contemporary Kenya - and of the East Africa region - to audiences in North America and throughout the world. A live stream of the plenary session will be presented by The AFRICAN CONNECTIONS Channel - the digital content delivery service of The AFRICAN CONNECTIONS Research and Education Fund, Inc.



CO-/EXTRACURRICULAR ACTIVITIES

Swahili Language Lessons

Swahili is the national language of Kenya and Tanzania. It is also widely spoken in a number of Eastern, Central, and South-Eastern African countries. The language is an intricate blend of Bantu languages and Arabic. Further to that, it has a variety of influences from other languages including German, Farsi, Portuguese, and English. In the service of increasing intercultural communication skills, students will receive language lessons in Swahili and will have opportunities to put their language skills to practice during engagements with local community members.

Intercultural Competence Workshop

Students will participate in a workshop on intercultural competence and cultural self-awareness. This will be an open discussion where program participants will talk about the concepts of culture, cultural self-awareness and their importance. They will also be taken through a comprehensive introduction to ideologies of collectivist societies, which are predominant in Kenya, as well as those of largely individualistic America. By exploring their own culture and worldviews and expanding their knowledge of other cultures and worldviews, students will be better equipped to understand the values and perspectives of the people and communities they will be interacting with during the program. Through these realizations, the concept of intercultural competence will be discussed and a path to increased intercultural competence will be laid.

Walking Orientation of Karen-Hardy Area

A walking orientation is an excellent method through which students can get to know the area surrounding the Co-operative Retreat and Conference Centre where they will spend most of their time. Students will be taken on a guided walking orientation of the Karen-Hardy where sites of historical and cultural importance will be introduced and contextualized.

Home Visit, Cooking Exchange, Early Dinner, and Interactions with Local Families

Food and its preparation are an integral part of any culture and eating together is a greatly valued mark of friendship and partnership. Students will join a local Kenyan family in preparing and cooking a traditional Kenyan meal and partaking in it together. Students will also be encouraged to prepare a dish from their home context to add to the Kenyan meal in a valuable cooking exchange experience. Through this process, students will increase their intercultural knowledge and hone their cross-cultural communication skills.

Nairobi National Park

Nairobi is Kenya's largest city and a regional hub for East Africa. It is also the only city in the world to boast a 20,000-acre national park, teeming with wildlife, right on its doorstep. Rolling plains, riverine woodland, and thick bush-lined valleys are just some of Nairobi National Park's varied habitats. The park was established in 1946. With its many entrances, it is easily accessible from multiple directions. Its accessibility extends to the wildlife as an unfenced southern boundary provides a welcome dry-season refuge for migratory species. In fact, 4000 zebras, 1000 wildebeest, and 14 species of antelope (including eland and kongoni) all call the Nairobi National Park their home, at one point or another, throughout the year. An estimated population of nearly 40 lions rub shoulders with good numbers of leopards and spotted hyenas, as well as the occasional cheetah and the elusive aardwolf. The park is also rich in its diversity of bird species with over 500 permanent and migratory species having been recorded. A visit to the park gives students an opportunity to observe a conservation success story in the midst of the myriad challenges that threaten wildlife, including urbanization and loss of habitat. They will also gain insights into various conservation initiatives that are in place in this diverse pocket of natural space.

The David Sheldrick Wildlife Trust – Elephant Orphanage

The David Sheldrick Wildlife Trust, established in 1977, operates a project that rescues and rehabilitates orphaned elephants and rhinos and returns them to the wild. The orphanage also embraces other measures that complement the conservation and preservation of wildlife such as anti-

poaching, safeguarding the natural environment, providing veterinary services to animals in need, as well as enhancing community awareness. At the orphanage, students get to learn about these initiatives, as well as hear first-hand from the caregivers about the process of rehabilitation, its challenges and successes. During the one-hour session at the orphanage, students will also have an opportunity to see the residents of the orphanage.

The Giraffe Center

The Giraffe Center located in Nairobi is a project of The African Fund for Endangered Wildlife Kenya (A.F.E.W. Kenya), a non-governmental and non-profit organization. The Fund's main objectives are to provide conservation education to the youth as well as advance conservation efforts for the endangered Rothschild Giraffe which has lost its natural habitat in Western Kenya to agriculture. The center has become a world-famous nature education facility that hosts thousands of learners every year. At the center, students have the opportunity to engage with environmental educators as they get to learn about the Rothschild Giraffe, one of the most endangered giraffe subspecies, with only a few hundred members in the wild. A walk around the education facility gives the students a rare close-up encounter with these amazingly tall creatures, as well as a chance to learn about conservation and gather interesting facts about the giraffe.

Bomas of Kenya

Located in Nairobi, Bomas of Kenya was established in 1971 with the aim of promoting Kenya's diverse cultures. 'Boma' is Kiswahili for homestead, and Bomas of Kenya is a collection of homesteads from various Kenyan cultures which together make up a multicultural center. A visit to Bomas of Kenya is an opportunity for students to increase their intercultural competence as they get to learn about and experience an assortment of Kenya cultural practices through dances, live music and traditional performances by people from various communities. Further, a tour around the center to see each of the cultural homesteads provides a chance for more engagement and deeper insight into the cultures of the Kenyan people.

The Kenya Music Festival

Celebrating its 95th year, the Kenya Music Festival is an annual event that identifies and nurtures artistic talents in music, dance and elocution. Conducted under the auspices of the Kenya Ministry of Education, the festival provides opportunities for school pupils and college students to create and showcase artistic and cultural renditions at a national festival.

Mombasa Marine National Park and Reserve

Mombasa Marine National Park and Reserve is one of Kenya's finest aquatic habitats and a haven for divers, snorkelers, and sea lovers. Lying between Mtwapa and Tudor Creeks, the habitat consists of 210 square kilometers of pristine white sand beaches, reef-protected lagoons, and a wide open sea. It is also renowned for its natural beauty and rich marine life, including crabs, starfish, stonefish, cucumber sea urchins, corals, turtles, sea grasses, and interesting migratory birds including crab plovers. Students will visit the Marine Park to learn more about marine life in Kenya and will also have the option to take part in sports like windsurfing, water skiing, snorkeling and diving.

Haller Park

Haller Park, formerly known as Bamburi Nature Trail, is a nature park in the Bamburi area along the Kenyan coast. It is a perfect example of how a quarry wasteland can successfully be transformed into an ecological area. The park consists of a game sanctuary, a reptile park, a palm garden, crocodile pens, a fish farm demonstration area and a giraffe viewing platform. It is home to a variety of wildlife including hippos, giraffes, buffalo and various antelopes. The Park is an important educational site showcasing the rehabilitation of wasteland.

Fort Jesus and Mombasa Old Town

Fort Jesus is one of the most outstanding and well-preserved examples of 16th Century Portuguese military fortification and a landmark in the history of this type of construction. It was built by the Portuguese between 1593 and 1596 to the designs of Giovanni Battista Cairati to protect the port of Mombasa. The Fort's layout and form reflect the Renaissance ideal that perfect proportions and geometric harmony are to be found in the human body. It was declared a World Heritage Site by UNESCO in 2011 and is now used as a museum, conservation laboratory as well as an education department and primate research center.

Mombasa Old Town is located on the southeastern side of Mombasa next to Fort Jesus, occupying an area of about 180 acres. It is inhabited by a mixed community of Arabs, Portuguese, Asians, and British. Students will take a guided walk around the fort and learn more about the history of the area and about the East African slave trade era when the fort was used as a vantage point. They will also enjoy the exhibition of the wide collection of ceramics and pottery reflecting the various cultures that traded along the coast. Students will also have an opportunity to visit the Mombasa Butterfly House, located on the premises of Fort Jesus and take a guided walk along Mombasa Old Town's narrow streets bordered by old buildings with ornately carved doors and balconies.



Mombasa Old Town

Boat Ride on Lake Naivasha

Lake Naivasha is a beautiful freshwater lake, fringed by thick papyrus. The lake is almost 13kms across, but its waters are shallow with an average depth of five meters. Much of the lake is surrounded by forests of the yellow-barked Acacia Xanthophlea, known as the yellow fever tree. The waters of the lake draw a great range of game to its shores. Boat trips on the lake are widely available and are a great way to spend an afternoon or morning. Sunsets are always stunning, with the haunting call of the Fish Eagle high over the Lake bringing the day to a perfect end.

Lake Naivasha

By undeklinable from España - Naivasha lake, CC BY-SA 2.0, <https://commons.wikimedia.org/w/index.php?curid=32009945>



PROGRAM EVALUATION

Transformation Questionnaires

EDU Africa's Transformation Questionnaires are pre-and post-test student self-evaluations designed to help gauge their transformation in line with EDU Africa's transformative learning goals. Students complete Transformation Questionnaire #1 at the start of the program, providing a benchmark score against which we compare their results for Transformation Questionnaire #2 (completed at the program's end). A report is drawn from the student data collected and shared with faculty in the weeks after the program has ended.

Reflection Sessions

Reflection sessions encourage students to think through, process, and make meaning of their experiences in the program. Through a combination of formal and informal reflection techniques, students will be asked questions and invited to engage in structured activities that encourage them to articulate their thoughts and feelings, internalize any lessons or moments of growth, and ultimately, transform, in line with the program learning outcomes. Each reflection session will focus on the preceding cultural and academic engagements and experiences. In addition to the formal reflection sessions, students will be guided through brief informal reflections each day thereby giving them an opportunity to discuss and reflect on their experiences in the course of their engagements. The final reflection sessions will focus on the learnings from the program as a whole and the personal growth demonstrated as a result of the overall experience.

REASONABLE ACCOMMODATIONS FOR FUNCTIONAL DIFFERENCES

Program Organizers are committed to providing an inclusive and accessible environment for all our program participants by supporting functional differences, disabilities, and any other special needs. If participants have any specific needs that we might be able to accommodate during the program or have requirements for extra time or resources, please let us know in advance so that we can do our best to assist them. As part of the pre-departure processes, the Program Designers will ensure that participants complete the Participant Information Form which asks for details of any allergies, medical conditions, and other special needs.

All Saints' Cathedral, Nairobi



PARTICIPANT ELIGIBILITY REQUIREMENTS

EDU Africa Program Designers do the best they can to ensure that our programs are accessible to as many participants as possible. However, there may be areas in which an individual may not have access or cannot be accommodated with regard to a functional difference. This section lists some elements for participants to consider before they travel. Participants in this program should be aware of and be prepared for the following:

- Signing and adhering to the policies outlined in EDU Africa’s Participant Agreement Form, which include protocols for Notifiable Medical Conditions such as COVID-19.
- Obtaining travel insurance (compulsory) before travel. This should include adequate cover for baggage, curtailment, and provision for any forms of disruptions to travel due to Notifiable Medical Conditions such as COVID-19. *Please note that participants who choose not to take out relevant travel insurance must be prepared to directly cover any such expenses as stated above should they arise while they travel.*
- Obtaining medical insurance (compulsory) before travel. This should cover any potential medical expenses and the cost of repatriation should participants become too ill to participate, including helicopter rescue and air ambulance services, as well as cover any forms of medical expenses that may be incurred due to illnesses from Notifiable Medical Conditions such as COVID-19. *Please note that participants who choose not to take out relevant medical insurance must be prepared to directly cover any such expenses as stated above should they arise while they travel.*
- Carrying their own luggage as much as possible to minimize cross-contamination with germs (help will be available when necessary in adherence to any Notifiable Medical Conditions protocols)
- Dealing with ambiguity, for example, there may need to be last-minute unforeseen changes to the program itinerary
- Respecting and adhering to the communicated medical ethics relevant to the institutions they will be visiting or volunteering in
- Committing to ethical community engagement in accordance with the presented guidelines
- Coping with lack of electricity during scheduled and/or unplanned power outages, and any effects that this may have on the itinerary
- Managing dietary needs with limited available options in certain settings e.g. during the home visit and cooking exchange
- Learning to adjust to communicating and interacting with others who may have different accents, values, beliefs, cultures, and traditions for the duration of the program
- Interacting with materially poor environments (as evident, for example, through the appearance of general and housing infrastructure, modes of transport, clothing, etc.) and demonstrating respect and acknowledging dignity in all circumstances
- Being aware that they may be approached by people selling their wares or asking for food or money. While your local facilitator/guide will assist in managing these situations, participants should recognize that it is not impolite to say “no, thank you” and walk away.

ITINERARY FLEXIBILITY AND COST

The itinerary is correct at the time of submission. It is flexible and may be adjusted to meet participants' needs. In all cases, we will do our best to preserve the quality of what is presented herein. However, we reserve the right to modify the itinerary, locations, accommodation facilities and costs if any changes dictate. All quoted accommodation is subject to availability and confirmed numbers. *All prices are quoted in U.S. Dollars (USD).*

Cost for the program based on per person sharing (double-occupancy):

Non Resident Participants (e.g. The Americas, Europe, Asia, Australia):

Price per person: **\$3,990**

Single Supplement: \$230

East Africa Based Participants (Full program, without Nairobi accommodation):

Price per person: **\$1,256**

Single Supplement: \$65
(Mombasa only)

East Africa Based Participants (Nairobi activities only):

Price per person: **\$784**

Single Supplement: N/A

AVAILABLE DISCOUNT:

\$100.00 per person for those paying via cashier's check, wire transfer or ACH

What this includes:

- Virtual pre-travel preparation support
- Accommodation and meals at Co-operative Retreat and Conference Centre in Nairobi
- Day conference (including 10 o'clock tea, lunch, 4 o'clock tea, and conferencing materials) for Nairobi based participants
- Accommodation and meals at Kenya Bay Beach Hotel in Mombasa
- All meals as specified in the daily program
- Two 500ml bottles of mineral drinking water per participant per day
- All transport, fuel, tolls and road taxes

- Airport Transfers and ground transportation (group) for the duration of the program
- Madaraka Express return tickets in economy class (Nairobi to Mombasa – round trip)
- 24-hour services of an EDU Africa Program Facilitator
- All relevant activity and park fees
- A US\$5 donation (on behalf of each participant) towards the reforestation of Brackenhurst Forest and other important ecosystems in Kenya.

The Center for Ecosystem Restoration - Kenya is a not-for-profit organization working to recover biodiversity in Kenya through the reforestation of the Brackenhurst forest and the restoration of other key Kenyan ecosystems. Through their donations, participants play an integral part in reversing the degradation of the African continent and ensuring that communities will be able to enjoy the benefits of these natural indigenous ecosystems for generations to come.

What this excludes:

- Wi-Fi (only available as provided by accommodations)
- All meals and drinks not specified above
- Laundry
- All flights
- All optional extra activities
- Travel and medical insurance
- Items of a personal nature, personal insurances, visas and gratuities

Schedule of Payments

Non Resident Participants (e.g. The Americas, Europe, Asia, Australia)

Billed Costs	Amount	Payment Due
Application Fee	\$250	Saturday, July 15, 2023 ¹
Program Fee: Room and Board at CRCC Excursions On-site Transportation and other program specific inclusions Group Health Insurance	\$3,740	Friday, July 21, 2023
Total Billed Amount	\$3,990 + single supplement (\$230), if requested	

East Africa Based Participants (Full program, without Nairobi accommodation)

Billed Costs	Amount	Payment Due
Application Fee	\$50	Saturday, July 15, 2023 ¹
Program Fee: Excursions On-site Transportation and other program specific inclusions Group Health Insurance	\$1,206	Friday, July 21, 2023
Total Billed Amount	\$1,256 + single supplement (\$65), if requested	

East Africa Based Participants (Nairobi Activities Only)

Billed Costs	Amount	Payment Due
Application Fee	\$50	Friday, July 15, 2023 ¹
Program Fee: On-site Transportation and other program specific inclusions Group Health Insurance	\$734	Friday, July 21, 2023
Total Billed Amount	\$784	

Registration Steps:

- Complete Application (attached) and email to: Registrar@africanconnections.com
--or-- complete the online edition at: <https://tinyurl.com/766zj428>
- An information package and invoice will be transmitted to you within two (2) to three (3) business days
- Complete Participant Agreement Form and Liability Waiver
- Pay invoice
- Receive receipt of payment
- Receive final confirmation from program organizers (on or around July 17, 2023)
- Book air transportation to Nairobi (as required)

Make payments to:

The AFRICAN CONNECTIONS Research and Education Fund, Inc. (ACREF)



- via PayPal: (includes debit and credit card payments)
@AFRICANCONNECTIONS
paypal.me/AFRICANCONNECTIONS

- via wire or ACH (automated clearing house) Transfer

Account #: 875104441980
Routing #: 125109019

IMPORTANT: Please include “Focus on Africa Global Seminar: Kenya” in the transmittal note.

- via Cashier’s Checks, Money Orders, etc. - post funds to:

Coastal Community Bank
5415 Evergreen Way
Everett, WA 98203 USA

For Deposit in:

The AFRICAN CONNECTIONS Research and Education Fund, Inc. - FOA Trust Account

Account #: 875104441980

AVAILABLE DISCOUNT:

\$100.00 per person for those paying via cashier’s check, wire transfer or ACH

¹ The deadline for withdrawal without penalty is Sunday, July 16, 2023 at 23:59:59 GMT/UTC

Penalties for withdrawal:

Before July 17, 2023	No Penalty
Between July 17 and July 21, 2023	60% of billed amount
Between July 22 and July 28, 2023	80% of billed amount
After July 28, 2023	100% of billed amount

Application Requirements

Age - 18 years old by the program start date

Passport – with 6 months' validity and at least one (1) blank page

Visa – Obtain on-line via the Kenya Electronic Visa Application System (Evisa)

<https://evisa.go.ke/>

Vaccines and Medicines – Please confer with your personal physician well in advance of the scheduled departure date

As of early July, 2023, there are no travel health notices currently in effect for Kenya.

Resources:

Centers for Disease Control and Prevention
<https://wwwnc.cdc.gov/travel/destinations/traveler/none/kenya>

KenyaGoVisa.com
<https://www.kenyagovisa.com/news/kenya-travel-vaccines>

Passport Health
<https://www.passporthealthglobal.com/en-gb/destination-advice/kenya/>

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This study tour is neither sponsored by nor affiliated with the University of California, Santa Cruz (UCSC).

NOTES:

APPLICATION



Focus on Africa Global Seminar: Kenya – Summer 2023

I wish to apply for inclusion in the Focus on Africa Global Seminar: Kenya – scheduled for August 10 – 25, 2023 at the Co-operative Retreat and Conference Center in Nairobi. I agree to sign and adhere to the policies outlined in EDU Africa's [Participant Agreement Form](#) and in the AFRICAN CONNECTIONS Research and Education Fund's [Liability Waiver](#).

Name (as it appears on your passport): _____

Address: _____

City: _____ State/Province: _____

Zip/Postal Code: _____ Country: _____

Email: _____

Date of Birth: _____

Gender:

- Female
- Male
- Prefer not to say

Country of Citizenship: _____

Passport Issued by: (country) _____

Passport Number: _____

Date of Issue: _____

Date of Expiration: _____

Marital Status:

- Never Married
- Married
- Divorced
- Separated
- Widowed

Emergency Contact Details:

Name: _____

Email: _____

Mobile phone number: _____

Relationship:

- Parent
- Child
- Spouse
- Friend/Other: _____

Are you currently enrolled in a college, university or professional school?

- Yes
- No

If yes...

Name of Institution: _____

Name of Degree or Study Program: _____

Enrolled:

- Full-Time
- Part-Time

Requested Roommate: _____

How did you learn about this program?

- Via Social Media (Facebook, Instagram, Twitter, etc.)
- Via a counselor at my school
- From a friend or colleague
- Via Email
- Via the web (website of a sponsoring organization, etc.)
- Other: _____

My interest(s) in Africa are primarily:

- Cultural
- Academic
- Commercial
- Travel Related
- Political/Public Affairs
- Other: _____

Issues that I wish to explore in depth during our time in Nairobi include the following:

- Climate Change
- Energy
- Entertainment
- Media, Technology and Education
- Politics
- Public Health
- Sports
- Transportation
- Women's Issues
- Other: _____

Signature of applicant: _____

Date: _____

Kindly email completed application to: Registrar@africanconnections.com

--or-- complete the online edition at: <https://tinyurl.com/766zj428>